

# 12 & UNDER SPRING FESTIVAL

Hosted by: **TRURO CENTURIONS SWIM CLUB**

June 6<sup>th</sup> – 7<sup>th</sup>, 2026

WILSON'S AQUATIC CENTRE, RATH EASTLINK COMMUNITY CENTRE (8 lanes SCM)  
625 Abenaki Road, Truro, NS

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<b>Sanctioned by:</b>	Swim Nova Scotia
<b>Meet Manager:</b>	Angela Hickox: <a href="mailto:tcscpresident1977@gmail.com">tcscpresident1977@gmail.com</a>
<b>Head Official:</b>	Nicole Humblet: <a href="mailto:nhumble08@gmail.com">nhumble08@gmail.com</a> Timers and Senior Officials can send availability and preferred positions to Nicole.
<b>Entry Fees:</b>	\$50.00 flat fee, Cheque payable to Truro Centurions Swim Club OR e-transfer: <a href="mailto:centuriontreasurer@gmail.com">centuriontreasurer@gmail.com</a> . Maximum 6 individual entries per swimmer.
<b>Entries:</b>	Hy-Tek entry files should be uploaded via REMS by the entry deadline, Friday May 29 <sup>th</sup> at midnight. Late entries are not accepted and no deck entries.
<b>Scoring/Awards:</b>	There will be no scoring. Best time ribbons will be awarded.
<b>Meet Rules:</b>	<p>The meet has been sanctioned by Swim Nova Scotia and will follow SNC rules and <a href="#">warm-up procedures</a>. The meet will be <b>swum as</b> open events, timed finals.</p> <p>Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.16.1.4 and 4.1.</p> <p>The leisure pool will be available for continuous warm-up/down.</p> <p>The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The "misconduct" shall include but is not limited to (C.2.3.2.1):</p> <ul style="list-style-type: none"><li>• Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.</li><li>• Deliberate kicking or striking of the starting platform, including the back plate prior to the start.</li><li>• Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. During warm-up all swimmers must enter the pool with a controlled, feet-first entry.</li></ul> <p>Swim Wear: <a href="#">SNC Swim Wear</a> rules in effect.</p> <p>Each swimmer entered in the meet must be AA qualified and be fully registered with Swim Nova Scotia or their respective provincial swimming office. Nova Tech Level 2 swimmers are eligible to enter this meet at coaches discretion.</p> <p>800m Freestyle will require positive check-in due by 8:30am on June 7<sup>th</sup> and will swim fastest to slowest, mixed gender.</p>
<b>Safe Sport:</b>	<p>Swim NS believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment, and discrimination. Details on Safe Sport during this event can be found here: <a href="#">Swim NS Safe Sport</a></p> <p>Only registered swimmers, coaches, and officials in designated sessions of the meet are allowed on deck.</p>
<b>Photography/Videography:</b>	In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Nova Scotia sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. The full details on the Event Photography and Videography Procedure can be found <a href="#">HERE</a>

## 12 & UNDER SPRING FESTIVAL ORDER OF EVENTS

SESSION I WARM-UPS: 2:00pm MEET START: 3:00pm SATURDAY JUNE 6 <sup>th</sup> , 2026				
Event #	Age Group	Event	Age Group	Event #
1	12 & Under	100m IM	12 & Under	2
3	12 & Under	200m Breaststroke	12 & Under	4
5	12 & Under	100m Freestyle	12 & Under	6
7	12 & Under	100m Butterfly	12 & Under	8
9	12 & Under	400m Freestyle	12 & Under	10
11	12 & Under	100m Backstroke	12 & Under	12
13	12 & Under	50m Butterfly	12 & Under	14
15	12 & Under	200m Mixed Freestyle Relay	12 & Under	--
SESSION II WARM-UPS: 8:00am MEET START: 9:00am SUNDAY JUNE 7 <sup>th</sup> , 2026				
17	12 & Under	50m Breaststroke	12 & Under	18
19	12 & Under	200m IM	12 & Under	20
21	12 & Under	50m Backstroke	12 & Under	22
23	12 & Under	200m Freestyle	12 & Under	24
25	12 & Under	200m Butterfly	12 & Under	26
27	12 & Under	100m Breaststroke	12 & Under	28
29	12 & Under	200m Backstroke	12 & Under	30
31	12 & Under	50m Freestyle	12 & Under	32
33	12 & Under	800 Freestyle*	--	--

*\*800 Freestyle will be swum fastest to slowest, mixed gender*